

Chris Jahnke

A compelling speaker who shares behind-the-scenes insights, Chris will help you earn the respect of any audience.

- Speech Coach
- Media Trainer
- Author
- Keynote Speaker



A nationally recognized coach, consultant, and author on effective public speaking skills, Chris Jahnke is passionate about helping people stand and deliver.

Chris founded her training firm in 1991 and has provided executive coaching for leading voices in the public and private sector – Bill & Melinda Gates Foundation, Cornell University, Deloitte, eBay, Intel, National Geographic, Planned Parenthood, Nuclear Threat Initiative, and the Union of Concerned Scientists. As media coach to the Women’s Media Center founded by Jane Fonda, Gloria Steinem, and Robin Morgan, Chris leads their acclaimed Progressive Women’s Voices training program.

A political communications specialist, Chris prepped First Lady Michelle Obama for her first international speech and Al Franken for his U.S. Senate debates and provided message and speaker training to Hillary Clinton’s Presidential Campaign. She has coached more women candidates and elected officials than any other trainer. Chris has been back stage at five Democratic National Conventions helping party leaders, celebrities, dignitaries, and real people look good in their nationally televised speeches. In 2016, Chris’ speech and debate coaching was featured in Politico, NPR, US NEWS, Elle, Washingtonian Magazine and VICE News.

Right out of college, Chris was a local TV reporter in Minnesota inspired by Mary Richards of the Mary Tyler Moore Show. Chris has said overcoming her own fears about public speaking forged her determination to help others raise their voices. She is the author of *The Well-Spoken Woman: Your Guide to Looking and Sounding Your Best* (Prometheus Books, 2011.)